



Pro - Slim Workshop
for obesity



Pro - Sex Seminar



Pro - Skin Workshop



Pro - Mind Workshop



Kaun Banega Crorpati
Vitamin 'M' Workshop



Pro - Heart Workshop



Raho Yuva Sada Ke Liye



Pro - Backe Workshop

Dr. Ramesh Chaksota (Thakkar)

Sunder Nursing Home, Thane

Mob.: 9850907950

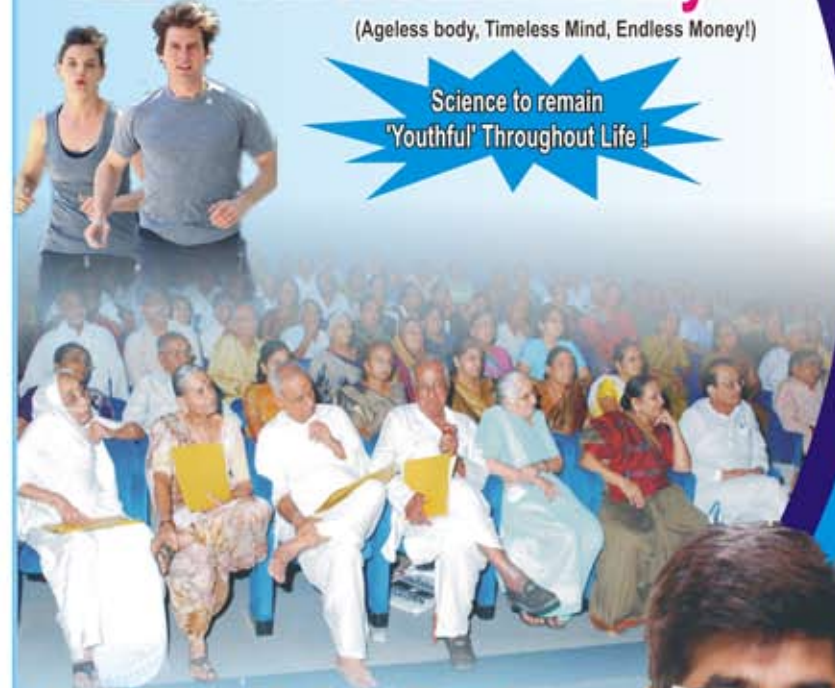
9960990814

Email : rschaksota@yahoo.co.in

'Raho Yuva Sada Ke Liye'

(Ageless body, Timeless Mind, Endless Money!)

Science to remain
'Youthful' Throughout Life !



Scientific, Motivational, Result-oriented Program !
Program to remain physically, mentally & economically
fit throughout life !

Mission : Happy Life through
Health Education

- 30 Years of Clinical Practice
- Pediatric Consultant (Children Specialist)
- Geriatric Consultant (Old Age Specialist)
- Motivational Coach, Life Coach
- Diabetes, B. P. Obesity, Back-ache Prevention
- Life Style disorder Specialist. ● Health Motivator
- Qualified Nutritionist

Dr. Ramesh Chaksota (Thakkar)

M.B.B.S, M.C.P.S, D.M.C.H, D.G.M.